

# ENERGY CAMEL

LINEA TECNICA®  
FOOD ESPECIALLY DESIGNED FOR PEOPLE WHO PLAY SPORTS



HUNGER DURING TRAINING OR COMPETITION



## FLAVOUR: APPLE AND CARAMEL

- SUSTAINED AND DISTRIBUTED ENERGY
- GREAT-TASTING AND HIGHLY DIGESTIBLE
- HIGH ENERGY CONTENT (165 KCAL)
- SOFT AND PALATABLE

## RECOMMENDED FOR

### SUITABLE FOR ALL SPORTS

- Hunger during training or competition
- Pre-race energy store



PACKAGING: 30 BARS, 40 g EACH

## INDICATIONS

ENERGY CAMEL bar is recommended to provide solid energy before and during training. It provides a rapid and sustained energy supply. New Energy bars are easily digestible, great-tasting, easy to chew and keep their features unaltered even in critical situations.

## HOW TO USE AND RECOMMENDED DAILY DOSE

### BEFORE

At least 60-90 minutes before starting an intense activity, with a little water.

### DURING

Long races: take it every 1.5 - 2 hrs with a little water. Medium-length races: take it at half of the race with a little water.

## INGREDIENTS

Glucose syrup, oat flakes, rice crisps (rice flour, wheat gluten, sugar, wheat malt, glucose, salt), invert sugar syrup, raisins 11.4%, sugar, palm fat, caramel pieces 5.2% (fructose-glucose syrup, sugar, humectant (glycerol), wheat fiber, apple puree concentrate 6%, palm fat, whey powder, butter, gelling agent (pectin), burnt sugar, skim milk powder, flavours, acidity regulator (lactic acid), rice extract), wheat flakes, maltodextrin, emulsifier (soy lecithin), whey protein crisp (whey protein, rice flour, emulsifier (soy lecithin)), isomaltulose\*, salt, flavours.

\* Isomaltulose is a source of glucose and fructose. Contains milk derivatives, gluten and soy.

## ADVICE

Each person have their own different absorption times and energy needs, according to their metabolism and level of training. Therefore, for optimal effectiveness during competitions, it is recommended to take ENERGY CAMEL first during training sessions.

## WHEN TO USE ENERGY CAMEL



Warnings: store in a cool and dry place. The expiration date applies to the product in its intact container when stored as directed.

## NUTRITIONAL INFORMATION

	Per 100 g	Per bar (40 g)
<b>Energy</b>		
kcal	412	165
kJ	1737	695
<b>Typical Values</b>		
Fat	12.1 g	4.8 g
of which saturates	5.3 g	2.1 g
Carbohydrate	69.7 g	27.8 g
of which sugars	37.4 g	15.0 g
Fiber	3.5 g	1.4 g
Protein	4.7 g	1.8 g
Salt (Nax2.5)	0.51 g	0.20 g