

# BISCO WHEY®

## HIGH PROTEIN BAR



HIGH PROTEIN BAR



- CHOCOLATE
- COCONUT
- WHITE
- CARAMEL PEANUTS

### RECOMMENDED FOR

- Those looking for a snack to help them stay fit
- Those looking to integrate more protein into their diet
- Sports-people expending intense muscular effort
- Those looking for a pre or post-workout supplement



- ≡  
LOW CARB
- ≡  
LOW SUGAR
- ≡  
HIGH PROTEIN
- ≡  
HIGH FIBRE

- HIGH PROTEIN (UP TO 37%)
- LOW SUGAR
- HIGH FIBRE
- LOW CARB
- FREE OF HYDROGENATED FATS
- EASY TO DIGEST



### FEATURES

BISCO WHEY® is a line of innovative protein bars, made on a biscuit base, with a protein filling, and covered with chocolate. The protein filling, which comes in different flavours, is easily digestible thanks to top quality ingredients. The BISCO WHEY® line is also high in protein (up to 37%) and low in carbohydrates. The product is free from hydrogenated fats.

BISCO WHEY® bars are rich in fibre, ideal for keeping fit. They are also an excellent solution for a quick and easily digestible snack before tackling a training session, or to nourish muscles after training.

### HOW TO USE AND RECOMMENDED DAILY DOSE

1-2 bars a day, accompanied by water. Use as needed as a hunger breaker. Particularly recommended after intense muscular effort, or 1 hour before physical exercise.

### INFORMATIONS

An adequate protein supplement strengthens lean muscle mass and protects it from catabolism, that is, the breakdown of muscle tissue due to insufficient recovery or diet. Staying fit, and balancing work, life, family and sports is a tough challenge. Only with an adequate correct diet can you have all the necessary energy to carry out physical exercise and all the right nutrients to regenerate muscle tissue.

### WHEN TO USE BISCO WHEY



Store in a cool, dry place, away from heat sources. The best before date is valid only while the product is intact and stored correctly.

# BISCO WHEY®

## HIGH PROTEIN BAR



### BISCO WHEY® CHOCOLATE

*Protein biscuit bar with white chocolate filling and hazelnut coating.*

INGREDIENTS: Milk protein, cocoa butter, protein biscuit (14%) (wheat protein, fiber Of wheat, butter, bulking agent: maltitol, milk protein, pea protein, egg white egg powder, modified wheat starch, emulsifiers: mono- and diglycerides of fatty acids, sunflower lecithin; salt, thickener: guar gum, raising agents: sodium hydrogen carbonate, ammonium carbonate; sweeteners: sodium cyclamate, acesulfame K, sucralose), hydrolysed collagen, fruit-oligosaccharides, coconut oil, white chocolate (5.6%) (cocoa butter, whole milk in powder, emulsifier: soya lecithin, sweetener: maltitol, natural vanilla flavouring), vanilla paste hazelnuts (6.7%), cocoa mass, whole milk powder, sweeteners: erythritol and steviol glycosides, Sunflower oil high oleic, emulsifier: sunflower lecithin, vanillin, sweetener: sucralose.

### BISCO WHEY® COCONUT

*Bar with protein biscuit base, filled with white chocolate and coconut, covered with chocolate melting.*

INGREDIENTS: Chocolate (cocoa paste, partially hydrolysed inulin, cocoa butter, sweetener: erythritol, low-fat cocoa powder, emulsifier: soya lecithin, natural vanilla flavouring, sweetener: steviol glycosides), hydrolysed collagen, milk protein, protein biscuit (14%) (wheat protein, wheat fibre, butter, loading agent: maltitol, milk protein, pea protein, egg white powder, modified wheat starch, emulsifiers: mono- and diglycerides of fatty acids, sunflower lecithin; salt, thickener: guar gum, raising agents: sodium hydrogen carbonate, ammonium carbonate; sweeteners: sodium cyclamate, acesulfame K, sucralose), cocoa butter, fruit-oligosaccharides, coconut oil, white chocolate (5.5%) (cocoa butter, whole milk powder, emulsifier: soy lecithin, sweetener: maltitol, natural vanilla flavouring), whole milk powder, coconut (1.7%) emulsifier: sunflower lecithin, flavouring, vanillin, sweetener: sucralose.

### BISCO WHEY® WHITE

*Chocolate and hazelnut bar with protein biscuit base and white chocolate coating.*

INGREDIENTS: Hydrolyzed collagen, cocoa butter, milk protein, protein biscuit (14%) (wheat fibre, wheat protein, sunflower oil, shea butter, milk protein, egg white powder, modified wheat starch, emulsifiers: mono- and diglycerides of fatty acids - sunflower lecithin, salt, thickener: guar gum, raising agents: sodium hydrogen carbonate, ammonium carbonate, sweeteners: sodium cyclamate, acesulfame k, sucralose, flavourings), white chocolate (13.9%) (cocoa butter, whole milk powder, emulsifier: soy lecithin, sweetener: maltitol, natural vanilla flavouring), fruit-oligosaccharides, hazelnut paste (5.8%), coconut oil, sweeteners: erythritol - steviol glycosides; whole milk powder, cocoa powder (1.6%), high oleic sunflower oil, emulsifier: sunflower lecithin, vanillin.

### BISCO WHEY® CARAMEL PEANUTS

*Protein biscuit bar with caramel and peanut filling and chocolate cover melting.*

INGREDIENTS: Chocolate (cocoa paste, partially hydrolysed inulin, cocoa butter, sweetener: erythritol, cocoa powder, emulsifier: soy lecithin, natural vanilla flavouring, sweetener: steviol glycosides ), hydrolyzed collagen, protein biscuit (14%) (protein of wheat, wheat fibre, butter, loading agent: maltitol, milk proteins, milk proteins pea, egg white in powder, modified wheat starch, emulsifiers: mono- and diglycerides Of fatty acids, sunflower lecithin; Salt, thickener: guar gum, raising agents: sodium hydrogen carbonate, ammonium carbonate; sweeteners: sodium cyclamate, acesulfame K, sucralose), milk protein, cocoa butter, peanut flour (6.9%), fruit-oligosaccharides, oil coconut, white chocolate (cocoa butter, whole milk powder, emulsifier: soy lecithin, sweetener: maltitol, natural vanilla flavouring), whole milk powder, emulsifier: lecithin sunflower, aroma, vanilla, sweetener: sucralose .

### NUTRITIONAL INFORMATION (CHOCOLATE)

	Per 100 g	Per bar (40 g)
<b>Energy</b>		
kcal	517	207
kJ	2149	859
<b>Typical Value</b>		
Fat	36 g	14 g
of which saturates	21 g	8.5 g
Carbohydrate	12 g	4.7 g
of which Sugars	4.7 g	1.9 g
Fiber	14 g	5.5 g
Protein	33 g	13 g
Salt	0.15 g	0.06 g

### NUTRITIONAL INFORMATION (COCONUT)

	Per 100 g	Per bar (40 g)
<b>Energy</b>		
kcal	500	200
kJ	2078	831
<b>Typical Value</b>		
Fat	34 g	14 g
of which saturates	22 g	8.7 g
Carbohydrate	10 g	4.1 g
of which Sugars	3.4 g	1.4 g
Fiber	17 g	6.7 g
Protein	33 g	13 g
Salt	0.14 g	0.06 g

### NUTRITIONAL INFORMATION (WHITE)

	Per 100 g	Per bar (40 g)
<b>Energy</b>		
kcal	489	196
kJ	2034	814
<b>Typical Value</b>		
Fat	30 g	12 g
of which saturates	16 g	6.5 g
Carbohydrate	15 g	5.8 g
of which Sugars	4.1 g	1.6 g
Fiber	10 g	4.1 g
Protein	37 g	15 g
Salt	0.17 g	0.07 g

### NUTRITIONAL INFORMATION (CARAMEL PEANUTS)

	Per 100 g	Per bar (40 g)
<b>Energy</b>		
kcal	500	200
kJ	2081	833
<b>Typical Value</b>		
Fat	34 g	14 g
of which saturates	20 g	7.9 g
Carbohydrate	11 g	4.2 g
of which Sugars	3.4 g	1.3 g
Fiber	17 g	6.7 g
Protein	33 g	13 g
Salt	0.24 g	0.10 g