

# STARTER 1000® NEW GENERATION PRE-WORKOUT

CITRULLINE, ARGININE, BETA-ALANINE, AND TAURINE SUPPLEMENT WITH BCAA, CREATINE, AND MICRO-ENCAPSULATED CAFFEINE.



NEW GENERATION PRE-WORKOUT



## HOW IT WORKS

- NITRIC OXIDE FLOW
- STRENGTH
- ENDURANCE
- ENERGY

## POWERED WITH



PACKAGING: 400G JAR (20 DOSES OF 20G)  
FLAVOR: RED ORANGE

MADE WITH NEW GENERATION CARBOHYDRATES

## RECOMMENDED FOR

- For those who want to optimize energy during the Pre-Workout phase.
- For those who practice endurance or power sports.
- For those who want to maximize concentration, energy, and endurance.

## WHEN TO USE STARTER 1000®



Do not exceed the recommended daily dose. Supplements should not be considered as substitutes for a varied and balanced diet and a healthy lifestyle. Keep out of reach of children under 3 years of age. Contains caffeine (70 mg/dose). It is recommended not to exceed 400 mg of caffeine per day from all sources. The product is intended for adults who engage in intense physical exercise. Due to the presence of creatine, the product is intended for adults only. Do not use in children, during pregnancy, breastfeeding, or for prolonged periods without consulting a doctor. Store in a cool, dry place, away from direct sunlight and sources of localized heat. The minimum shelf life refers to the product stored correctly, in unopened packaging. Do not dispose of in the environment after use.

Manufactured in a facility that processes ingredients based on milk (including lactose), soy, peanuts, other tree nuts, sesame seeds, eggs, crustaceans, fish.

\*The product is tested free of anabolic steroids, stimulants, and SARMS.

## FEATURES

STARTER 1000® is a specific supplement for the PRE-Game or PRE-Workout phase. It provides Citrulline, Arginine, Beta-Alanine, Taurine, Beetroot, Creatine, Caffeine, BCAA, and Vitamins, all useful for athletic performance. Caffeine (70mg/dose) helps increase attention and concentration. Micro-encapsulated caffeine (NewCaff™) also allows for a gradual release for a more controlled and constant effect. Vitamins contribute to reducing fatigue and tiredness (B12, B6, C), normal functioning of the nervous system (B1, B12, C), support normal energy metabolism (B12, B1, B6, C), and normal protein and glycogen metabolism (B6). Zinc contributes to normal protein synthesis. The product contains creatine, useful for high-intensity, short-duration repetitive activities. STARTER 1000® is made with Isomaltulose and Cluster Dextrin, two new-generation carbohydrates that provide glucose in a gradual and continuous manner. STARTER 1000® is gluten-free.

## HOW TO USE AND RECOMMENDED DAILY DOSE

Dissolve 1 dose (3 scoops = 20 g) in 200-250 ml of water.

STARTER 1000® should be taken about 15-20 minutes before starting, and is designed for those who want to face intense training, both short and long-duration, with maximum energy.

## INDICATIONS

Specific product for the PRE-Game or PRE-Workout phase to support intense and prolonged activity, particularly for optimal management of fatigue and concentration. It is recommended to use the product before training or competition.

## INGREDIENTS

Carbohydrate mix (Maltodextrin DE19, Isomaltulose\*\* (Palatinose®), Aminoblast® BCAA (L-leucine, L-isoleucine, L-valine), Highly Branched Cyclic Dextrin (Cluster Dextrin®)), Beta Alanine, Citrulline Malate, Creatine mix (Creatine monohydrate, Creatine citrate), Arginine Alpha-Ketoglutarate, Taurine, Beetroot (Beta vulgaris L.) powder, Trimagnesium citrate, Emulsifier: sucrose esters of fatty acids; flavoring, Anti-caking agent: silica dioxide; acidifier: Malic Acid; Ascorbic acid, Sodium bisodium 5'-triphosphate (ATP), Zinc gluconate, Microencapsulated Caffeine Newcaff® (Caffeine, Candelilla wax, Mono and diglycerides of fatty acids), Sweetener: Sucralose; Anhydrous Caffeine, Vitamin B6 (Pyridoxine hydrochloride), Vitamin B1 (Thiamine hydrochloride), Vitamin B12 (Methylcobalamin). Isomaltulose is a source of glucose and fructose.

## NUTRITIONAL INFORMATION

	Per 100 g	Per dose (= 20 g)
<b>Energy Value:</b>		
kJ	1610	403
kcal	384	77
<b>Average values</b>		
Fat	0 g	0 g
of which saturated fatty acids	0 g	0 g
Carbohydrates	40 g	8 g
of which sugars	2,5 g	0,5 g
Fiber	0 g	0 g
Proteins	54 g	11 g
Salt	0,16 g	0,03g g
BCAA Aminoblast® Mix	12,5 g	2,5 g
of which L-Leucine	6,25 g	1,5 g
of which L-Valine	3,125 g	625 mg
of which L-Isoleucine	3,125 g	625mg
Citrulline DL Malate	10 g	2 g
Beta-Alanine	10 g	2 g
Creatine Mix	7,5 g	1,5 g
of which Creatine Citrate	6,25 g	1,25 g
of which Creatine AKG	1,25 g	250 mg
Arginine AKG	5 g	1 g
Taurine	5 g	1 g
Beetroot Powder	5 g	1 g
Malic Acid	1 g	200 mg
Sodium Bisodium Adenosine 5'-Triphosphate (ATP)	500 mg	100 mg
Magnesium	600 mg (160% NRV)	120 mg (32% NRV)
Caffeine NewCaff®	200 mg	40 mg
Anhydrous Caffeine	150 mg	30 mg
Zinc	25 mg (250%NRV)	5 mg (50% NRV)
Vitamin C (Ascorbic Acid)	500 mg (625%NRV)	100 mg (125% NRV)
Vitamin B1 (Thiamine)	5,5 mg (500% NRV)	1,1 mg (100%NRV)
Vitamin B6 (Pyridoxine)	7 mg (500% NRV)	1,4 mg (100% NRV)
Vitamin B12	12,5 mcg (500% NRV)	2,5 mcg (100% NRV)