

GLUTAMMINA[®]

L-GLUTAMINE FOOD SUPPLEMENT



SUPPORTS THE RECOVERY PHASE



- THE PUREST MICRONIZED GLUTAMINE
- HIGH SOLUBILITY
- QUALITY GUARANTEED BY KYOWA QUALITY[®]



PACKAGING: 300 g PLASTIC JAR

RECOMMENDED FOR

SPORTS REQUIRING INTENSE MUSCULAR EXERCISE

- People carrying out hard training sessions
- People desiring a fast recovery
- People carrying out long training sessions

GLUTAMINE IS RECOMMENDED FOR THE RECOVERY PHASE AFTER INTENSE MUSCULAR EXERCISE

INFORMATION

Glutamine is defined as a “conditionally essential” amino acid and is used in big amounts from skeletal muscle. During periods of physical stress there could be the need for more quantity of glutamine than the amount that can be produced autonomously by the body.

FEATURES

This is a pure glutamine-based product, and its quality is guaranteed. EthicSport glutamine is micronized, extremely soluble and is doping-free tested*. This product does not contain gluten (Gluten Free), therefore it is suggested also for people suffering from celiac disease or gluten intolerants.

HOW TO USE AND RECOMMENDED DAILY DOSE

Consume 5 g per day, preferably after training, with approx. 150 ml of water. It is recommended to take the product for 2 months, and to repeat the treatment. One jar contains enough product for 2 months.

INGREDIENTS

100% L-Glutamine

WHEN TO USE GLUTAMMINA[®]



Warnings: Do not exceed the recommended intake amounts. Do not use during pregnancy or in children, or for prolonged periods without consulting a doctor. Keep out of the reach of children under 3 years of age. Dietary supplements should not be considered as substitutes for a varied diet. Store in a cool, dry place. The expiration date refers to the product in its intact packaging, properly stored. The product should be used as part of a varied and balanced diet and a healthy lifestyle. Produced in a facility that processes ingredients containing milk (including lactose), soy, peanuts, other tree nuts, sesame seeds, eggs, shellfish, and fish. *The product is tested free of anabolic steroids, stimulants, and SARMS.

TYPICAL VALUES

	per dose (1 measuring spoon)
L-Glutamine	5 g